# Bath & North East Somerset Council

### Improving People's Lives

To: All Members of the Health and Wellbeing Board

Chief Executive and other appropriate officers Press and Public

Dear Member

Health and Wellbeing Board: Thursday, 11th July, 2024

Please find attached a **SUPPLEMENTARY AGENDA DESPATCH** of late papers which were not available at the time the agenda was published. Please treat these papers as part of the agenda.

Papers have been included for the following items:

- 11. BE WELL B&NES: WHOLE SYSTEMS HEALTH IMPROVEMENT FRAMEWORK (Pages 3 18)
- 13. UPDATE ON ADULT SOCIAL CARE (Pages 19 30)

Yours sincerely

Corrina Haskins for Chief Executive



### Be Well B&NES

**Whole System Health Improvement Framework** 

**July 2024** 

Pr Annette Luker, Consultant in Public Health Hannah Thornton, Public Health Registrar Kate Richards, Public Health Registrar Chris Chatten, Project Manager, Leisure Services and Physical Activity

Bath & North East Somerset Council









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### Be Well B&NES

Be Well B&NES is a key delivery route of commitment 3.2 of the B&NES Health and Wellbeing Strategy:



### **Priority 3:** Strengthen compassionate and healthy communities



### What are we going to do?



- Continue to develop the infrastructure that encourages and enables individuals, organisations and networks to work together in an inclusive way, with the shared aim of supporting people in need and building strong local communities.
- Enable and encourage proactive engagement in health promoting activity at all ages for good quality of life.
- Develop a strategic approach to social prescribing to enable people to remain healthy and manage physical and mental health conditions.



Priority 3: Strengthen compassionate and healthy communities Expected Outcome: Our communities are compassionate and support individuals to be healthy and

	Strategy Objective	Action/s	Milestone and timeframe	Partnership responsible for leading delivery	Others involved in delivering action	Role of Health and wellbeing Board
	3.1 Infrastructure that encourages and enables individuals, organisations and networks to work together in an inclusive way, with the shared aim of supporting people in need and	Implement community wellbeing hub strategy	Community Wellbeing Hub Strategy implemented 2023-2030 (TBC)	Transformation Strategy & Governance Directorate B&NES	VCSE organisations, ICA, B&NES, health and care providers	Receive updates on progress of strategy Promote and champion relevant services
	building strong local communities					
(	3.2 Enable and encourage proactive engagement in	Implement health improvement strategy	To update once strategy agreed	B&NES Public Health Team	HCRG providers group, VCSE organisations, Primary Care	Receive updates on progress of strategy
	health promoting activity at all ages for good quality of life	Cultural strategy to include activities that support/promote wellbeing	Strategy agreed	Heritage Team R&NES	Networks (PCNs)	Promote and champion relevant services and activity
						11

# Health Improvement in B&NES: headline data

# Generally good health improvement outcomes compared to national average, but space for improvement:

Obesity rising, 63% of B&NES adults overweight or obese

 just below England average.

15.9% of adults are **inactive**, doing less than 30 minutes of physical activity a week: 25,600 adults

- Smoking prevalence in adults currently 11.5% in B&NES, vs. 12.7% in England. Drives health inequality in specific groups
- 2021/2022 B&NES rate of hospital admissions due to intentional alcohol self-poisoning was 62.0 per 100,000 (England 33.7)
- Mental health problems, such as depression and anxiety, are relatively common in the adult B&NES population affecting around 1 in 6 adults.



# Be Well B&NES system working

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ONE TO ONE MEETINGS



WORKSHOP EVENTS



STEERING GROUP



WORKING GROUP



WRITING GROUP

# Be Well B&NES system partners

B&NES Council – Public Health, Parks, Housing, Community Wellbeing Hub, Culture, Childrens & Education services, Adult Social Care, Green Infrastructure, Property, The Active Way, Highways, Integrated Commissioning, Community Engagement, Research, Sustainable Transport, Planning etc

Leisure Facility Operators – GLL (Better), Dragonfly Leisure

University of Bath, Bath Spa University – Research & Sport Departments

NHS, ICB, Police, Surgeries, BANES Enhances Medical Services, The Care Forum, Healthwatch, HCRG, DHI, Fire Service

Active Partnership - Wesport

Curo, Age UK B&NES, Bath Mind

Bath City Farm, Southside, Project 28, Mercy in Action, Dorothy House

Youth Connect South West, Mentoring Plus, Bright Start CC, Action for Children

Bath Recreation Trust, Bath City FC Foundation, Bath Rugby Foundation, Bath Cricket Club, Bath Area Play Project, B&NES School Sports Partnership

# The Whole Systems Approach



Whole Systems approach developed by PHE, evidence based, used across other LA's





Traditional local public health actions begin by determining the nature of health problems in advance, and from outside the "system" (eg provision of slimming world in response to rising obesity levels)



A complex systems approach starts with an understanding of how the current conditions support or harm health through active engagement with people living/ working there



It allows us to identify the 'causes of the causes' of poor health improvement outcomes, and make changes at different levels of the system

# Where are we in our Whole Systems approach?

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# Phase 4 Action

Phase 3
Mapping the local system

Brings stakeholders together to create a comprehensive map of the local system that is understood to cause obesity. Agreeing a shared vision.

Phase 2
Building the local picture

Builds a compelling narrative explaining why obesity matters locally and creates a shared understanding of how obesity is addressed at a local level.

Stakeholders come together to prioritise areas to intervene in the local system and propose collaborative and aligned actions.

Managing the system network

Maintains momentum by developing the stakeholder network and an agreed action plan.

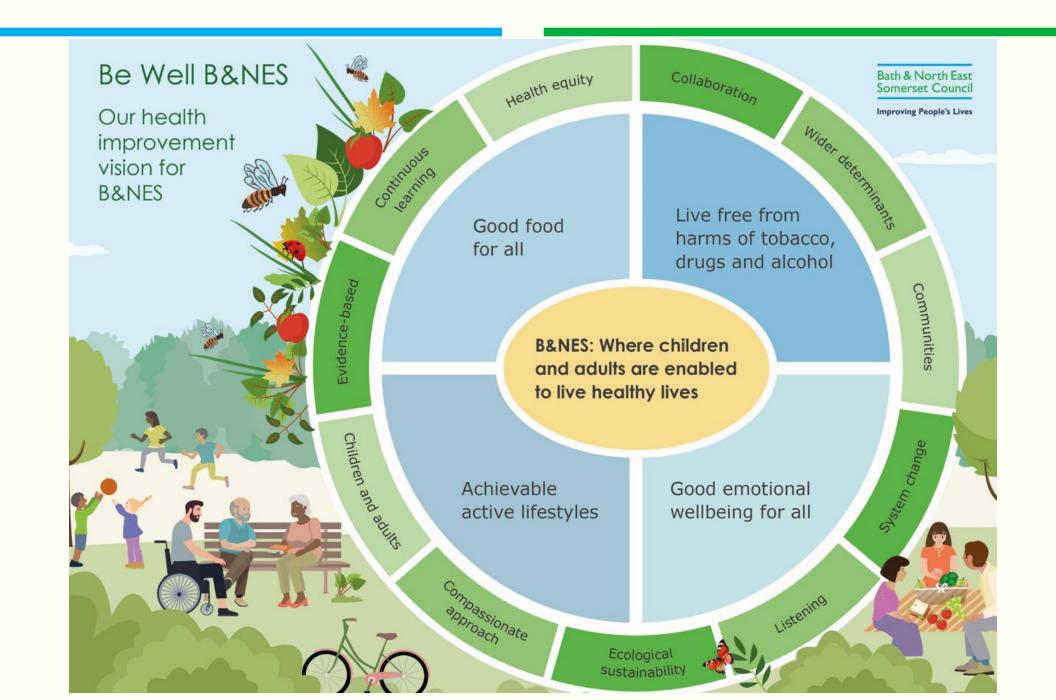
Phase 6
Reflect and refresh

Stakeholders critically reflect on the process of undertaking a whole systems approach and consider opportunities for strengthening the process.

Phase 1
Set-up

Secures senior-level support and establishes the necessary governance and resource structure to implement the approach.





# System priorities

Be Well B&NES partners have committed to:

- Listening to residents
- Working with target communities with greatest health improvement need
- Page 11 Focusing on children and families at all levels of the system
- Improving the reach of existing interventions
- Providing consistent, system-wide training opportunities

# Be Well B&NES: Action phase

Phase 3
Mapping the local system

Brings stakeholders together to create a comprehensive map of the local system that is understood to cause obesity. Agreeing a shared vision.

Phase 2
Building the local
picture

Builds a compelling narrative explaining why obesity matters locally and creates a shared understanding of how obesity is addressed at a local level.

Phase 4
Action

Stakeholders come together to prioritise areas to intervene in the local system and propose collaborative and aligned actions.

Phase 5
Managing the system network

Maintains momentum by developing the stakeholder network and an agreed action plan.

Phase 6
Reflect and refresh

Stakeholders critically reflect on the process of undertaking a whole systems approach and consider opportunities for strengthening the process.

Phase 1
Set-up

Secures senior-level support and establishes the necessary governance and resource structure to implement the approach.



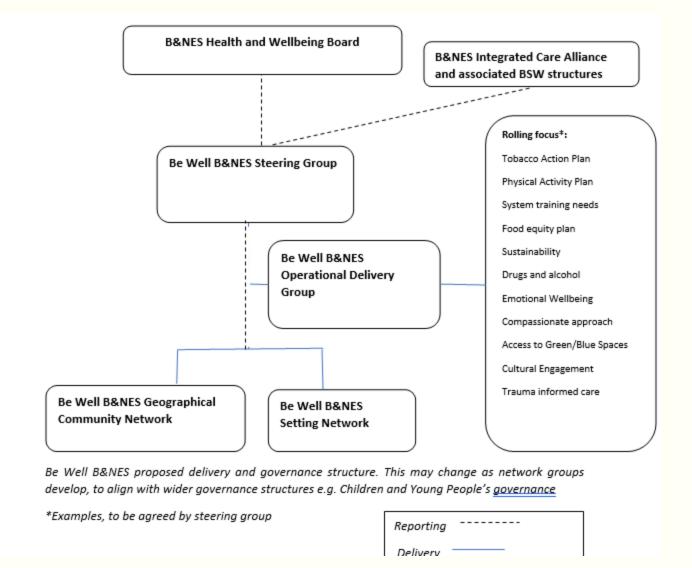
# **Network Groups**

- Network Groups: own priorities, develop action registers, take action
- Phased approach

Evolve over time

- Setting Network Group
- 2. Community Network Group
- 3. Operational delivery Network Group

# Be Well B&NES delivery structure



# Monitoring

- What will success look like?
- How will we monitor progress?

### Be Well B&NES next steps

- Review, sign-off and publication of Framework document: July 2024
- Formation of network groups: Jul-Sept 2024
  - Agree action plans: Oct-Dec 2024
  - 10 year programme: regular review of network and operational groups



Sign-off of the approach outlined in the Be Well B&NES document



Your continued support of Be Well B&NES as we move into the action phase



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**Health & Wellbeing Board** 

Update on ASC Transfer Evaluation & Care Quality Commission Inspection Suzanne Westhead, Director Adult Social Services

# **ASC Transfer – Background & Context**



May 2022 – Decision taken to not extend the Integrated Community Services contract with HCRG Care Group for the three-year extension term and the contractual arrangement expired with HCRG Care Group on 31st March 2024

**November 2022** - A detailed options appraisal was completed, and the decision taken to transfer Adult Social Care Services to B&NES Council:

- Adult Social Work (including Direct Payments team)
- Adults with Learning Disabilities and their Families Day Services (including Shared Lives, Employment Inclusion and Supported Living)

**April 2024** - The transfer of ASC services saw a compliment of 237 staff from HCRG Care Group transfer to B&NES. The Adult Social Care Directorate now represents 19.5% of the council's total workforce

# **ASC Transfer – Project Governance**



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From the outset of the ASC transfer project, the **commitment to ensuring a safe transfer** of services with minimal disruption to service users was paramount and underpinned decision making:

- Robust project management, governance & assurance
- Monthly briefing to Lead Cabinet Member
- Corporate workstream groups to mobilise the transfer
- Mapping of workstream interdependencies
- Öperational meetings supported agile decision making
- Communication & engagement strategy
- Risk register with clear mitigation actions
- Cross Council working to deliver a safe transfer
- HCRG Care Group collaboration & partnership working
- Level 4 Substantial Assurance
- Learning from previous ASC transfer projects
- Lessons learnt log maintained 3 months post transfer and continuation of ASC Transfer Assurance Board 6 months post transfer



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# Service Users

- Service delivery maintained & business as usual activity has continued
- Service users continue to receive the support and care expected
- Since transfer, we have not experienced an increase in complaints and there have been no examples of service users or individuals not being able to access adult social care
- •No Prior to transfer, service users who were in receipt of an active service received a letter from HCRG Care Group, with input from B&NES, to advise about the change in provider as of 1st April 2024 key message was to reassure service users that staff working in the services would also transfer and therefore individuals would continue to see the same people and receive the same level of care and support with no change to service delivery

- Regular staff briefings platform for transferring staff to raise questions, receive project updates and be updated on topics including Terms & Conditions, Pension, IT, Training & Development, Health Safety & Wellbeing
- Sessions overall were well received and provided an opportunity for 'getting to know each other' & plan the induction and welcome into the Council
- Engagement sessions jointly planned and hosted between HCRG Care Group & B&NES
- Monthly Trade Union briefing sessions

Staff

- Post transfer feedback is that staff felt welcomed to B&NES and supported through a well planned induction programme with a buddy system in place for managers (April – June)
- Welcome visits completed by Will Godfrey, Suzanne Westhead & Cllr Born
- Assistant Director Operations held daily huddles and has meet with all teams to better understand what is working well in services and areas for improvement

ASC Transfer Evaluation – Strengths	ASC Transfer Evaluation – Areas of Improvement
Robust project management framework with strong leadership	Receipt of key project critical information one month prior to transfer date impacted on the ability to allocate effective resource to resolve issues in preparation for day one
Lessons log maintained to record early learning & mitigate/escalate issues rapidly	TUPE information was not received by B&NES until the statutory 28 days prior to the transfer date - work compressed into a small window prior to transfer date & impacted on sign off of the Business Transfer Agreement
Effective project planning, engagement & mobilisation across all corporate workstreams	Missed opportunity by not having direct operational discussions with service managers during the final month of transfer to support more effective problem solving
Good post transfer planning - in-person IT support across all base locations, staff buddies and engagement from Chief Executive and Director Adult Social Services	Dedicated internal support to manage information requirements for the Business Transfer Agreement - work commenced in Autumn 2023 but majority of information requirement was compressed to 2 months before transfer
Dedicated project management resource from both organisations to support timely flow and management of information & agile decision making	More diligence on initial costs presented by corporate support services on required projected mobilisation & ongoing business as usual support costs post transfer
Scheduled staff briefing sessions were a positive way to respond to direct questions, plan how best to welcome colleagues to the council and start to build new working relationships that were different to the existing contractual relationship	B&NES corporate teams having direct access to HCRG Care Group national corporate team for IT/Systems, Finance & HR to ensure swift exchange of key data and information
Weekly input from operational leads from both organisations to support a safe transfer with no disruption to service users	Subject Matter Expert (SME) meetings involving both organisations should have been scheduled across key workstreams earlier in the project to reduce reliance on the project team to respond to technical questions & saved valuable project resources
Monthly update to the Lead Member to give assurance and oversight on key milestones of the project - high level of oversight and scrutiny of the transfer through frequent assurance progress reports to SLT, CMT, Cabinet and Scrutiny Panel	
Robust governance arrangements in place early on with clear terms of reference and escalation routes	
Monthly engagement sessions with Trade Unions providing assurance and progress updates on the project with specific focus on 237 transferring workforce	

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# **ASC Transfer – Resource Implications**

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The total projected cost of ASC mobilisation to 31<sup>st</sup> March 2025 is £2.28m, which is £1.165m less than original commitment against the adult social care reserve, giving a higher balance for funding service pressures and investment into social care improvement

Spend	2022/23	2023/24	2024/25	Total
Revenue	£324, 932	£1,014,886	£597,173	£1,936,992
Capital	£0	£343,000	£0	£343,000
Total Project Spend	£324, 932	£1,357,886	£597,173	£2,279,992
Cumulative Spend	£324, 932	£1,682,818	£2,279,992	

Resource	Volume
IT & Equipment	Laptop Handover 141
	Mobile Telephone Handover 182
	Delivery of the following work from home equipment: 45 Monitors, 53 Mice/Keyboard & 42 Laptop Risers
	Created 235 network accounts
Payroll run	Payroll run for 232 (not including 3 multiple employees, 1 maternity & 1 sabbatical
	Staff payroll totalling: Gross £452631.67 and Net £361314.74

# **Local Authority Care Quality Commission Inspection**



The **Health and Care Act 2022** gave CQC new powers to assess how Local Authorities meet their duties under **Part 1 of the Care Act 2014**. CQC inspection will assess the performance of Local Authorities to assure CQC and the Department of Health and Social Care about the quality of care in the area and consider any improvements that are required

- CQC have created an Assessment Framework (2 stage inspection approach) to gather and use full range of evidence for inspection - tested and amended by using across 5 pilot sites
- The Assessment Framework explains how CQC will assess how well we are delivering our statutory duties under Part 1 of the Care Act 2014
- CQC have 38 Information Returns they expect us to provide evidence against, to demonstrate how
  we meet our statutory duties. These can be found here: <a href="https://www.cqc.org.uk/guidance-regulation/local-authorities/la-information-return/information-requested">https://www.cqc.org.uk/guidance-regulation/local-authorities/la-information-return/information-requested</a>

# Our Care Act 2014 Duties



The Care Act 2014 has six key principles:

- Empowerment
- Prevention
- Proportionality
- Protection
- Partnership
- Accountability

CQC will be looking for evidence of how well we deliver our statutory duties - the Care Act 2014 breaks these down into:

- General responsibilities such as how we promote wellbeing, prevent reduce and delay the need for care and support and offer information, advice and guidance
- Assess and meet needs
- Direct Payments
- Financial assessments, charging for care and deferred payment schemes
- Deferred Payments
- Continuity of Care
- Market oversight and provider failure
- Transition for children to adult care support
- Advocacy
- Safeguarding

Note: This is not a definitive list

CQC will assess how well we deliver our statutory duties against **9 Quality Statements**. These statements are further broken down into 'I and We' Statements. 'I statements' refer to what service users and carers have said they want from services, and 'We statements' refer to what we as a Local Authority should aspire to provide.



- 1. Assessing needs
- 2. Supporting people to live healthier lives
- 3. Equity in experiences and outcomes
- 4. Care provision, integration and continuity
- 5. Partnerships and communities
- 6. Safe systems, pathways and transitions
- 7. Safeguarding
- 8. Governance, management and sustainability
- 9. Learning, improvement and innovation

### **Inspections are broken** down into 4 themes:

- Working with People 1.
- 2. **Providing Support**
- 3. Safety within the System
- 4. Leadership

### CQC will consider all of these throughout their 6 evidence categories:

- Peoples experience of health and care services
- Feedback from staff and leaders 2.
- 3. Feedback from partners
- 4. Observation
- 5. Processes
- 6. Outcomes

### These are broken down in 5 keys areas. CQC want to see that we are:

- Safe
- 2. Effective
- 3. Caring
- 4. Responsive
- 5. Well Lead

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# **CQC** Notification



On the 15th April 2024 CQC notified us of their intention to inspect B&NES Adult Social Care

#### First Phase – 3 week deadline

CQC asked for a number of documents to be submitted by the 3<sup>rd</sup> May, this included:

• The names of 2 people to upload evidence to the online portal

- A site planning template to detail the names of the teams, key partners and stakeholders
- A Self Assessment
- **Provide evidence against each of the 38 Information Returns** enabling CQC Inspectors to review key documents, information and data before the site visit by the inspection team as each LA's arrangements for delivery of Care Act duties are different

All information requested by CQC was uploaded to the CQC online portal on 2<sup>nd</sup> May 2024.

#### Second Phase – notification of site visit

- ASC is awaiting a date from CQC of the exact date the site inspection will take place
- The regulator has advised they will give 6-8 weeks notification of the date before they will undertake the site visit

### **Self Assessment - Our Strengths and Areas for Improvement**

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# Theme 1- Working with People Strengths

- Well established integrated working in mental health (4)
- 2. Strong governance of integrated mental health services via a variety of performance meetings (8)
- Good support for our ASYE social workers (9)
- Strong focus on wellbeing and prevention (2)
- Our commitment to provide
- (exceptional' quality of care and
- ဖံ support (4)

### **Areas for improvement**

- Continue to reduce the DOLS and OT waiting list (1)
- 2. Improved practitioners legal literacy and focus on outcomes (6)
- 3. Increase the number of people receiving a Direct Payment (1)
- 4. Improve the quality of our recording practice (6)
- 5. To embed the staff and service user voice groups into our Quality Assurance Framework (9)

# Theme 2- Providing Support Strengths

- Integrated Commissioning to support seamless person-centred care (5)
- Robust and collaborative contract management and quality assurance (8)
- 3. A progressive and integrated approach to hospital discharge (6)
- Strong impact from the Better Care Fund and Disabled Facilities Grant (8)
- 5. Coordinated and innovative approach to housing (3)
- 6. A strong and well-coordinated third sector (5)

#### **Areas for improvement**

- Increase the number of providers rated outstanding (4)
- 2. Reduce the number of people placed out of area (3)
- 3. Introduce more innovative ways of supporting people through the use of technology (9)
- 4. Giving residents a bigger say (3)
- 5. Improving integrated data (6)

# Theme 3- Safety across the System Strengths

- Oversight of the end-to-end safeguarding journey for individuals and strategic lead for large-scale enquiries (8)
- 2. A Strong B&NES Community
  Safety and Safeguarding
  Partnership; and access to
  Professional knowledge, advice,
  support, and guidance from the
  safeguarding services (5)

#### **Areas for improvement**

- 1. Improving our data to capture outcomes (3)
- 2. Ensuring our processes support practice (6)
- 3. Enabling feedback from service users (3)

# Theme 4- Leadership Strengths

- Strong ASC leadership team supported by Executive, ICB and Political leadership (8)
- 2. Governance of our indicators of quality, performance, risk and financial management (8)
- 3. Well led organisation with a positive culture built upon mutual respect and values (8)
- 4. Financial management is strong, assured and supported (8)
- 5. Good relationships with statutory and system partners (5)
- 6. Committed to implementation of Equality, Diversity and Inclusivity corporate and service priorities (3)
- Service planning demonstrates the Directorate is selfaware (8)

#### **Areas for improvement**

- . Embedding the Quality Assurance Framework (8)
- 2. Giving people a bigger say through co-production (3)
- To accelerate the work of Equality, Diversity and Inclusivity (3)
- 4. Focus on legal literacy to deliver responsibilities under the Care Act (1)
- Refresh and implement the Preparing for Adulthood pathway (1)
- 6. Embed the council's new commissioning model (8)
- 7. Increase of the technology offer to individual, their carer's and our staff (9)

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